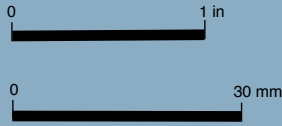


# DETERMINE YOUR RING SIZE



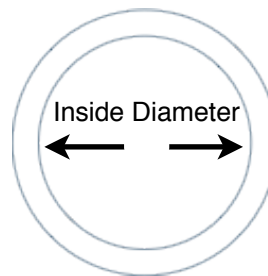
- 1. Ring measurements are very precise.** Carefully follow these instructions to obtain an accurate measurement.
- 2. Prior to printing,** ensure that Page Scaling is set to “None” on your print dialog box.
- 3. Measure the bars on the left.** They must be exactly 1 inch or 30 mm long.

**Ring Size Chart**

Ring Size	Circumference (in mm)	Diameter (in mm)
3	44.2	14
3 ½	45.5	14.5
4	46.8	14.9
4 ½	48	15.3
5	49.3	15.7
5 ½	50.6	16.1
6	51.9	16.5
6 ½	53.1	16.9
7	54.4	17.3
7 ½	55.7	17.7
8	57	18.1
8 ½	58.3	18.5
9	59.5	19.0
9 ½	60.8	19.4
10	62.1	19.8
10 ½	63.4	20.2
11	64.6	20.6
11 ½	65.9	21.0
12	67.2	21.4
12 ½	68.5	21.8
13	69.7	22.2
13 ½	71	22.6

## MEASURE A CURRENT RING

1. Select a ring that properly fits the intended finger.
2. Place the ring over the circles below, matching the inside edge of the ring to the circle nearest in size. This measurement refers to the inside diameter of the ring.
3. If the ring falls between two sizes, order the larger size.



Measurements match the inside edge of the ring

Women's rings typically range from size 3 to 9. The most common sizes range from size 5 to 7. Size 6 is the most popular ring size.

Men's rings typically range from size 8 to 14. The most common sizes range from 8 to 10 1/2. Size 9 is the most popular ring size.

